

## DEBRIEFING FORM

**Study Title:** Evaluating the Efficacy of a Behaviour Change Technique Based and Linguistically Tailored Email-Based Reminder to Increase Attendance to Diabetic Retinopathy Screening

**Simple Title:** Testing Email Reminders to Help More People with Diabetes Attend Eye Screenings

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### **Why am I being given this Debriefing Form?**

You were part of a study that was carried out using a **waiver of consent** model. This type of consent model is used in research that studies peoples' behaviour. It is necessary to conduct the study with waived consent so that no one changes their natural behaviour while the study is being run.

Now that the study is over, we want to explain it, answer any questions you might have and give you the option to withdraw your data.

### **Why was this study done?**

The goal was to find out if electronic reminders help people with diabetes book eye screening appointments. You may have received a reminder from Centretown Community Health Centre (CCHC) with a link to book an appointment. Some people who were part of the study did not receive a reminder. This study will help us learn which reminders work best to support people with diabetes.

### **Why didn't we ask for your permission before?**

We did not tell you about the study before because we wanted to see your natural response to the electronic reminder.

### **What information did we collect?**

We **DID NOT** collect your name, date of birth, full address or health card number.

We **DID** collect:

- Age, sex, gender, preferred language, and the first three digits of your postal code.
- Whether you booked and attended an eye screening.
- If you had a past appointment with Diabetes Eye Screening Ottawa.
- If you had diabetic retinopathy (collected from those who had an appointment).

### **What will be done with the collected information?**

Summaries of analyzed data may be shared with relevant partners, such as CCHC and Diabetes Action Canada.

We may upload certain study information—such as age, sex, gender, whether you booked or attended an eye screening and whether you had any eye problems — to a secure research repository so that other researchers can learn from our findings and improve future care.

Information that is shared will **not** contain anything that can identify you.

### **Can you withdraw from the study?**

**Yes.** Now that you know about the study, you can ask to have your data removed from the study file. If you choose to withdraw, your data will not be included in the study findings.

**To withdraw from this study over the phone,** call 613-233-4443 ext. 2169. Say your name and that you want to withdraw from the study.

**To withdraw from this study in-person, at the clinic,** return this debriefing form to the eye screening staff and let them know that you would like to withdraw. Should you have had an eye screening and did not withdraw in-person, you can still withdraw over the phone.

If you choose to withdraw, please let us know as soon as possible. Our analysis will begin two weeks after sending out this digital debriefing and following that, we can only remove your data from follow up analysis, not from those already completed.

**If you didn't get a reminder during the study, we will send the reminder to you in the coming weeks so that you have the opportunity to book an appointment.**

**Questions or concerns?**

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