

## CHAMPLAIN RURAL DIABETES CHIROPODY PROGRAM

# CHIROPODY PROGRAM REFERRALS

**\*\*Please note the program criteria for referral has changed\*\***

### Some Common Questions:

#### 1. Who can access the services?

- People living with diabetes in the rural Champlain region, outside the city of Ottawa

#### 2. What locations is the program at?

- Renfrew county: Pembroke, Renfrew, and Arnprior
- Eastern Counties: Bourget and Winchester
- Centre town Community Health Centre
- Pinecrest Queensway Community Health Centre

#### 3. What are the criteria for referral?

- **Open wound/foot ulcer with at least one of the following:**
  - o **Palpable dorsalis pedis and posterior tibial pulses**
  - o **ABI greater than 0.7 calculated from dorsalis pedis AND posterior tibial arteries**
  - o **Toe Brachial Index greater than 0.4**

#### 4. Are there any limitations on referral?

- Clients are encouraged to attend a diabetes education program or to have received education in the last three years. The Chiropodists will reinforce the impact of good diabetes management on foot health.
- If referrals do not match our criteria, admission to service will not be guaranteed.
- Clients may be placed on a wait list. They will be contacted when there is an appointment available.
- **The first opening available may not be in the client's preferred location.**

#### 5. How can I make referrals?

- Refer to chiropody by fax at **613-774-7241** with the attached referral form.
- We have implemented an e-fax system. **If you have multiple referrals please fax them separately, otherwise they will be inputted as 1 referral.**

#### 6. Can I refer clients for routine foot care, callus/corn care, education about foot care?

- **At this time we are limiting our services to diabetic foot ulcers only.**
- **For other foot care services please use the public register for Chiropodists at [www.cocoo.on.ca](http://www.cocoo.on.ca)**
- We are not doing foot health education groups at the moment– please refer to diabetes education.

