

CHAMPLAIN RURAL DIABETES CHIROPODY PROGRAM

CHIROPODY PROGRAM REFERRALS

****Please note the program criteria for referral has changed****

Some Common Questions:

1. Who can access the services?

- People living with diabetes in the rural Champlain region, outside the city of Ottawa.

2. What locations is the program at?

- Renfrew County: Pembroke, Renfrew, and Arnprior
- Eastern Counties: Bourget and Winchester
- Centretown Community Health Centre
- Pinecrest-Queensway Community Health Centre

3. What are the criteria for referral?

- Open wound/foot ulcer with at least one of the following:
 - Palpable dorsalis pedis and posterior tibial pulses
 - ABI greater than 0.7 calculated from dorsalis pedis AND posterior tibial arteries
 - Toe Brachial Index greater than 0.4

4. Are there any limitations on referral?

- Clients are encouraged to attend a diabetes education program or to have received education in the last three years. The Chiropractors will reinforce the impact of good diabetes management on foot health.
- If referrals do not match our criteria, admission to service will not be guaranteed.
- Clients may be placed on a wait list. They will be contacted when there is an appointment available.
- **The first opening available may not be in the client's preferred location.**

5. How can I make referrals?

- Refer to chiroprody by fax at **613-774-7241** with the [attached referral form](#).
- We have implemented an e-fax system. **If you have multiple referrals please fax them separately, otherwise they will be inputted as 1 referral.**

6. Can I refer clients for routine foot care, callus/corn care, education about foot care?

- **At this time we are limiting our services to diabetic foot ulcers only.**
- **For other foot care services please use the public register for Chiropractors at www.cocoo.on.ca**
- We are not doing foot health education groups at the moment– please refer to diabetes education.



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