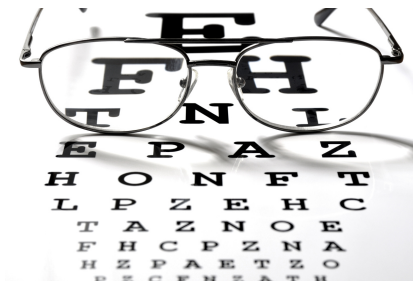


5 STEPS TO GET READY FOR YOUR EYE SCREENING

DIABETES EYE SCREENING OTTAWA

COMMUNICATION

If you would prefer to communicate in a language other than English, please let the screening staff know.



EYE GLASSES/CONTACT LENSES

Bring all eye glasses/spectacles or contact lenses you wear, along with contact lens solution. We will need these to measure how well you see.

SCREENING TIME

It will take about an hour for the screening to be completed.



PLAN FOR AFTER SCREENING



- Eye drops may be used to get a good photo of your eyes. The eye drops are safe but may make your vision blurry for a few hours so you should not drive after your appointment.
- You might want to bring someone along with you or ask someone to pick you up after screening.

SUNGLASSES

Bring sunglasses with you – things look bright for a few hours after screening, wearing sunglasses can help.



To access the videos on “5 steps to get ready for your eye screening” and “How to get to the screening location”, scan the QR Code:



If you have questions, please contact **Diabetes Eye Screening Ottawa** at:

420 Cooper St, Ottawa, ON K2P 2N6

Phone: 613-233-4443 ext 2169.

Fax: 613-774-7235, toll free: 1-833-384-9993

Email: deso@centretownchc.org